Programme Overview
Schools can play a vital role in actively nurturing the social and emotional aspects of students’ learning. Only caring, enthusiastic and skilled teachers can help students gain the confidence and the competence to learn and grow!

As part of its enduring work in SEL, The Teacher Foundation (TTF) developed the Indian Social & Emotional Learning Framework (ISELF) which is a research-based educational resource to foster social-emotional development of Indian children, using a carefully age-banded approach, from 6 years to 18 years.

ISELF will help teachers, mental health professionals, organisations working in the SEL space to develop 5 vital social-emotional competencies in children: Self Awareness, Self Management, Relationship Management, Social Awareness and Decision Making.

Please visit www.teacherfoundation.org/about-iself to know more about ISELF

Orientation Details
The online orientation to ISELF includes 3 sessions of 2 hours each, focusing on orienting the participants to the structure and content of ISELF and its HandBook and introduce them to different ways to integrate ISELF in their daily work plans.

Session 1 will enable participants to examine their own perceptions and beliefs on SEL, look at an Introduction to ISELF, and examine the 5 SE Competencies (Self Awareness, Self Management, Social Awareness, Relationship Management and Decision Making) in ISELF and their implications.

Session 2 focuses on the importance of Teacher well-being and Teacher resilience, examining the SEL competencies and their relevance for teachers using Jenny Mosley’s concept of Visiting the 5 Wells. At the end of the session the school will be provided a booklet of simple ideas for fostering Happy Teachers for Happy Classrooms developed by TTF.

Session 3 looks at helping teachers navigate through the different components of ISELF and its Companion Handbook and designing a plan using ISELF to integrate SEL into their teaching.

Investment
INR 1050 per teacher (inclusive of GST) for a batch of 30 teachers

For further details please contact:

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